

2019 NT Track and Field Championships - 15/08/2019 to 18/08/2019

2019 NT Champs

Arafura Stadium

Results - NT Throws Championships

Women 30-99 Shot Put

Name	Yr	Team	Finals
Flight 1			
1 Nicole Simmonds	77	KAC	7.60m
2 Beth Morrison	58	KAC	7.26m
3 Gayle Horne	77	RAC	7.00m
4 Beryl Edwards	55	Madfrogs	J6.00m
5 Lyn Guelfi	54	Madfrogs	5.91m
6 Therese Carr	60	Madfrogs	5.65m
7 Nola Brockie	38	Madfrogs	J4.15m
8 Veronica Williams	46	Madfrogs	4.11m

Women Open Shot Put

NT RECORD: 11.55m 1976 G. Williams

Name	Yr	Team	Finals
Flight 1			
1 Emma Werner	92	Interstate/O	9.79m
2 %Hollie Henderson (36) F36	98	KAC	J3.45m

Women 30-99 Discus Throw

Name	Yr	Team	Finals
Flight 1			
1 Nicole Simmonds	77	KAC	24.91m
2 Gayle Horne	77	RAC	20.31m
3 Therese Carr	60	Madfrogs	19.59m
4 Beth Morrison	58	KAC	J19.17m
5 Helen Grant	80	RAC	16.58m
6 Beryl Edwards	55	Madfrogs	J15.89m
7 Lyn Guelfi	54	Madfrogs	J14.20m
8 Nola Brockie	38	Madfrogs	J12.55m
9 Veronica Williams	46	Madfrogs	11.21m

Women Open Discus Throw

NT RECORD: 33.68m 1989 S. Chung

Name	Yr	Team	Finals
Flight 1			
1 %Hollie Henderson (36) F36	98	KAC	9.78m

Women 30-99 Hammer Throw

Name	Yr	Team	Finals
Flight 1			
1 Lyn Guelfi	54	Madfrogs	J20.19m
2 Beth Morrison	58	KAC	J20.00m
3 Nicole Simmonds	77	KAC	19.78m
4 Gayle Horne	77	RAC	18.50m
5 Beryl Edwards	55	Madfrogs	J16.76m
6 Therese Carr	60	Madfrogs	15.98m
7 Nola Brockie	38	Madfrogs	J14.81m
8 Veronica Williams	46	Madfrogs	J13.65m

Women Open Hammer Throw

NT RECORD: 37.59m 2007 O. Birkett

Name	Yr	Team	Finals
Flight 1			
1 Emma Werner	92	Interstate/O	44.71m

Women 30-99 Javelin Throw

Name	Yr	Team	Finals
Flight 1			
1 Nicole Simmonds	77	KAC	18.19m
2 Kelly Rosas	73	KAC	17.77m
3 Beryl Edwards	55	Madfrogs	17.23m
4 Gayle Horne	77	RAC	15.87m
5 Leila Bock	87	RAC	15.28m
6 Beth Morrison	58	KAC	J14.78m
7 Lyn Guelfi	54	Madfrogs	13.76m
8 Therese Carr	60	Madfrogs	12.13m
9 Nola Brockie	38	Madfrogs	J10.06m
10 Veronica Williams	46	Madfrogs	8.06m

Women Open Javelin Throw

NT RECORD: 36.80m 1987 P. Jayaraman

Name	Yr	Team	Finals
Flight 1			
1 %Hollie Henderson (36) F36	98	KAC	6.99m

Throws Pentathlon: #3 Women 30-99 Shot Put

Name	Yr	Team	Finals
Flight 1			
1 Nicole Simmonds	77	KAC	7.60m 427
2 Beth Morrison	58	KAC	7.26m 589
3 Gayle Horne	77	RAC	7.00m 385
4 Beryl Edwards	55	Madfrogs	6.00m 464
5 Lyn Guelfi	54	Madfrogs	5.91m 517
6 Therese Carr	60	Madfrogs	5.65m 383
7 Nola Brockie	38	Madfrogs	4.15m 438
8 Veronica Williams	46	Madfrogs	4.11m 375

Throws Pentathlon: #2 Women 30-99 Discus Throw

Name	Yr	Team	Finals
Flight 1			
1 Nicole Simmonds	77	KAC	24.91m 421
2 Gayle Horne	77	RAC	20.31m 326
3 Therese Carr	60	Madfrogs	19.59m 429
4 Beth Morrison	58	KAC	19.17m 474
5 Beryl Edwards	55	Madfrogs	15.89m 376
6 Lyn Guelfi	54	Madfrogs	14.20m 377
7 Nola Brockie	38	Madfrogs	12.55m 494
8 Veronica Williams	46	Madfrogs	11.21m 333

Throws Pentathlon: #4 Women 30-99 Hammer Throw

Name	Yr	Team	Finals
Flight 1			
1 Lyn Guelfi	54	Madfrogs	20.19m 508
2 Beth Morrison	58	KAC	20.00m 329
3 Nicole Simmonds	77	KAC	19.78m 317
4 Gayle Horne	77	RAC	18.50m 410
5 Beryl Edwards	55	Madfrogs	16.76m 401
6 Therese Carr	60	Madfrogs	15.98m 349
7 Nola Brockie	38	Madfrogs	14.81m 588
8 Veronica Williams	46	Madfrogs	13.65m 537

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Results - NT Throws Championships

Throws Pentathlon: #1 Women 30-99 Javelin Throw

Name	Yr	Team	Finals	
Flight 1				
1 Nicole Simmonds	77	KAC	18.19m	305
2 Beryl Edwards	55	Madfrogs	17.23m	434
3 Gayle Horne	77	RAC	15.87m	256
4 Beth Morrison	58	KAC	14.78m	360
5 Lyn Guelfi	54	Madfrogs	13.76m	382
6 Therese Carr	60	Madfrogs	12.13m	244
7 Nola Brockie	38	Madfrogs	10.06m	425
8 Veronica Williams	46	Madfrogs	8.06m	232

Throws Pentathlon: #5 Women 30-99 Weight Throw

Name	Yr	Team	Finals	
Flight 1				
1 Beth Morrison	58	KAC	8.66m	522
2 Nicole Simmonds	77	KAC	7.72m	440
3 Beryl Edwards	55	Madfrogs	7.01m	435
4 Lyn Guelfi	54	Madfrogs	6.95m	432
5 Gayle Horne	77	RAC	6.68m	366
6 Therese Carr	60	Madfrogs	5.99m	355
7 Nola Brockie	38	Madfrogs	5.87m	435
8 Veronica Williams	46	Madfrogs	4.64m	300

Men 30-99 Shot Put

Name	Yr	Team	Finals	
Flight 1				
1 Ian Grazioli	59	Madfrogs	12.26m	
2 Cameron Burrows	71	RAC	8.35m	
3 Ian Heazelwood	51	Madfrogs	8.18m	
4 Rene Otto	66	Interstate/O	7.73m	

Men Open Shot Put

NT RECORD: 16.41m 1990				
Name	Yr	Team	Finals	
Flight 1				
1 Metui Tongatua	90	RAC	7.90m	
2 %Omri Mason (20) F20	98	DAC	J4.55m	

Men 30-99 Discus Throw

Name	Yr	Team	Finals	
Flight 1				
1 Ian Grazioli	59	Madfrogs	34.77m	
2 Rene Otto	66	Interstate/O	33.26m	
3 Ian Heazelwood	51	Madfrogs	26.53m	
4 Cameron Burrows	71	RAC	19.10m	

Men Open Discus Throw

NT RECORD: 45.94m 1995 R. Short				
Name	Yr	Team	Finals	
Flight 1				
1 Zain Bishop	98	RAC	29.93m	
2 Metui Tongatua	90	RAC	23.61m	
3 %Omri Mason (20) F20	98	DAC	J8.53m	

Men 30-99 Hammer Throw

Name	Yr	Team	Finals	
Flight 1				
1 Ian Grazioli	59	Madfrogs	32.02m	
2 Rene Otto	66	Interstate/O	31.06m	
3 Cameron Burrows	71	RAC	25.15m	
4 Ian Heazelwood	51	Madfrogs	22.77m	

Men Open Hammer Throw

NT RECORD: 46.94m 1992 M. Gadsby				
Name	Yr	Team	Finals	
Flight 1				
1 Metui Tongatua	90	RAC	23.77m	

Men 30-99 Javelin Throw

Name	Yr	Team	Finals	
Flight 1				
1 Jon Schatz	73	DAC	47.42m	
2 Ian Grazioli	59	Madfrogs	30.78m	
3 Michael Stalas	74	RAC	29.38m	
4 Ian Heazelwood	51	Madfrogs	22.78m	
5 Rene Otto	66	Interstate/O	18.81m	
6 Cameron Burrows	71	RAC	18.14m	

Men Open Javelin Throw

NT RECORD: 64.86m 1991 B. Tennant				
Name	Yr	Team	Finals	
Flight 1				
1 Zain Bishop	98	RAC	63.34m	
2 %Inosi Bulimairewa (63) F63	87	Alice Spring	43.54m	
3 %Omri Mason (20) F20	98	DAC	9.86m	

Throws Pentathlon: #5 Men 30-99 Shot Put

Name	Yr	Team	Finals	
Flight 1				
1 Ian Grazioli	59	Madfrogs	12.26m	808
2 Cameron Burrows	71	RAC	8.35m	487
3 Ian Heazelwood	51	Madfrogs	8.18m	554

Throws Pentathlon: #4 Men 30-99 Discus Throw

Name	Yr	Team	Finals	
Flight 1				
1 Ian Grazioli	59	Madfrogs	34.73m	603
2 Ian Heazelwood	51	Madfrogs	26.53m	482
3 Cameron Burrows	71	RAC	19.10m	329

Throws Pentathlon: #2 Men 30-99 Hammer Throw

Name	Yr	Team	Finals	
Flight 1				
1 Ian Grazioli	59	Madfrogs	32.02m	543
2 Cameron Burrows	71	RAC	25.15m	369
3 Ian Heazelwood	51	Madfrogs	22.77m	405

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Throws Pentathlon: #3 Men 30-99 Javelin Throw

Name	Yr	Team	Finals	
Flight 1				
1	Ian Grazioli	59	Madfrogs	30.78m 493
2	Ian Heazelwwod	51	Madfrogs	22.78m 378
3	Cameron Burrows	71	RAC	18.14m 178

Throws Pentathlon: #1 Men 30-99 Weight Throw

Name	Yr	Team	Finals	
Flight 1				
1	Ian Grazioli	59	Madfrogs	12.00m 593
2	Cameron Burrows	71	RAC	10.12m 555
3	Ian Heazelwwod	51	Madfrogs	8.45m 420

Combined Team Scores - 269 Events Scored

1) Rural Athletic Center	1496.5
2) Darwin Region Schools	1012.5
3) Alice Springs Athletics Club	816.5
4) PARRS Region Schools	653.5
5) Darwin Athletics Club	569
6) Mature Athletes Darwin	532
7) Katherine Athletics Centre	515.5
8) Palmerston Athletic Club	380
9) Interstate/Overseas/Other	303
10) Barkly Region Schools	281.5
11) Darwin Runners & Walkers Club	262
12) Arnhem Region Schools	249.5
13) Katherine Region Schools	248.5
14) Alice Springs Region Schools	179
15) Australian Defence Athletics	124
16) Alice Spring Running & Walking	47
17) Athletics NT	10
18) Triathlon NT	2